

### Document holder - Product overview

How do you read a book? - That's right, you hold it in front of you at an angle that is comfortable for you. You achieve the same effect by using a document holder. By placing it between the keyboard and the screen, you work in one line, thus avoiding twisting of the neck. Simply place your printed and digital documents (e.g. tablet, smartphone, etc.) on the document holder in front of you. This way you can get the job done much faster with a healthy posture. Can't decide which document holder is right for you? Ask yourself the following questions:

- Should the document holder have different height settings?
- Should the work surface of the document holder be movable so that you can take notes as well as read?
- What size should the document holder be? (Placement of large folders or tablets?)
- Do you want to slide your keyboard under the document holder?
- Which material do you like, is sustainability important to you?



### An ergonomic workplace

Placing documents on the left, right or even directly in front of the keyboard puts extra strain on the neck muscles and eyes. This can lead to neck pain, headaches and even incapacity to work.

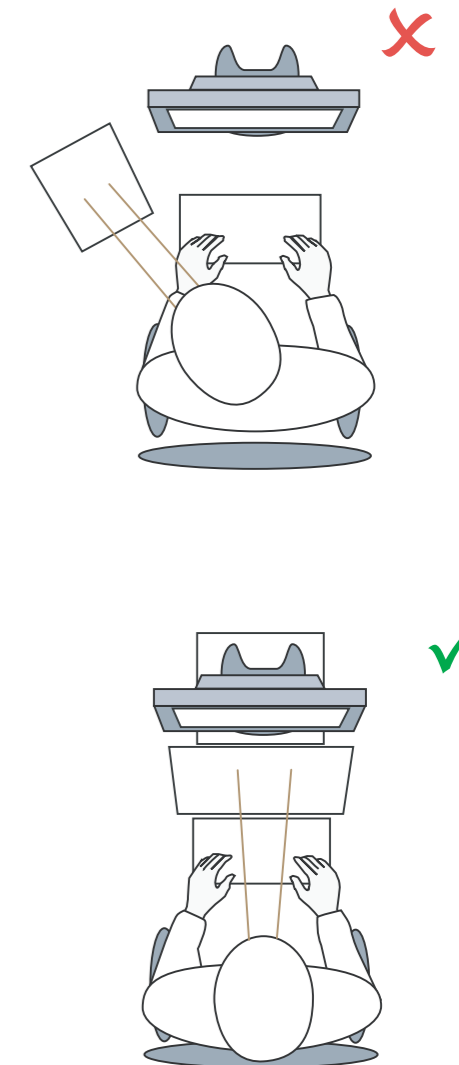
This can easily be avoided by placing a document holder between the screen and the keyboard. In this way, you immediately ensure a much more comfortable and ergonomic screen workplace.


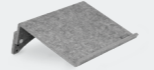




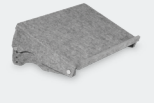
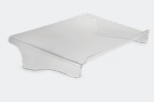

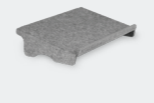

### The advantages:

- Make the most of the space between the screen and the keyboard.
- Place documents, books, folders, notes or even a mobile phone on it.
- Keep your desk tidy and ensure better concentration and higher productivity.



More product information about the documentholders.



Item name Item number*	Image	Fixed or sliding: work surface can be slid over keyboard	Number of steps	Unique selling points	Material	Dimensions (mm)				Item name Item number*	Image	Fixed or sliding: work surface can be slid over keyboard	Number of steps	Unique selling points	Material	Dimensions (mm)			
						Lowest rear setting	Highest setting at the rear	Height for the keyboard	Dimensions (W x D x H in mm)							Lowest rear setting	Highest setting at the rear	Height for the keyboard	Dimensions (W x D x H in mm)
<b>FlexDesk 640</b> BNEFDESK640		Slidable	3	<ul style="list-style-type: none"> <li>High sliding edge for heavy file folders</li> <li>Large, anti-reflective work surface</li> <li>Hidden pen tray</li> <li>Practical foam edge for your hand when writing notes</li> <li>Anti-slip feet</li> </ul>	Acrylic (Worktop in: silver/grey)	110 mm	180 mm	40 mm	515 x 380 x 110 mm	<b>FlexDoc Circular**</b> BNEFDCLGY		Fixed (not via keyboard)	3	<ul style="list-style-type: none"> <li>Sustainable material</li> <li>Made from compressed recycled plastic bottles</li> <li>100% recyclable</li> </ul>	PET felt made from recycled material and 100% recyclable	80 mm	120 mm	0 cm	385 x 260 x 80 mm
<b>FlexDesk 630N</b> BNEFDESK630N		Slidable	3	<ul style="list-style-type: none"> <li>High sliding edge for heavy file folders</li> <li>Large, anti-reflective work surface</li> <li>Hidden pen tray</li> <li>Practical foam edge for your hand when writing notes</li> <li>Anti-slip feet</li> </ul>	Acrylic (Worktop in: white)	110 mm	180 mm	40 mm	515 x 380 x 110 mm	<b>Q-doc 500</b> BNEQDOC500		Fixed	1	<ul style="list-style-type: none"> <li>30° inclination,</li> <li>Suitable for heavy files (does not slip)</li> <li>Large storage surface</li> </ul>	Acrylic	180 mm		35 mm	505 x 280 x 180 mm
<b>Q-doc 515</b> BNEQDOC515		Fixed	7	<ul style="list-style-type: none"> <li>High sliding edge for heavy file folders</li> <li>Large storage surface</li> </ul>	Acrylic	120 mm	240 mm	30 - 45 mm	515 x 290 x 120 mm	<b>Q-doc 100 Special</b> BNEQDOC100SP		Fixed	1	<ul style="list-style-type: none"> <li>Comfortable foam edge for the hand when writing notes</li> <li>Extra low at the rear edge for low monitor positions</li> </ul>	Acrylic	100 mm		45 mm	505 x 285 x 100 mm
<b>Q-doc 515 Circular**</b> BNEQDOC515CLGY		Fixed	4	<ul style="list-style-type: none"> <li>High sliding edge for heavy file folders</li> <li>Large storage surface</li> <li>Sustainable material</li> <li>100% recyclable</li> </ul>	PET felt made from recycled material and 100% recyclable	950 mm	150 mm	30 - 45 mm	450 x 295 x 95 mm	<b>Q-doc 100</b> BNEQDOC100		Fixed	1	<ul style="list-style-type: none"> <li>Extra low at the rear edge for low monitor positions</li> </ul>	Acrylic	100 mm		43 mm	505 x 285 x 100 mm
<b>Q-doc 415</b> BNEQDOC415		Fixed	7	<ul style="list-style-type: none"> <li>High sliding edge for heavy file folders</li> <li>Narrower shelf</li> </ul>	Acrylic	120 mm	240 mm	30 - 45 mm	390 x 275 x 120 mm	<b>Q-doc 100 Circular**</b> BNEQDOC100CLGY		Fixed	1	<ul style="list-style-type: none"> <li>Sustainable material</li> <li>Made from compressed recycled plastic bottles</li> <li>100% recyclable</li> </ul>	PET felt made from recycled material and 100% recyclable	100 mm		43 mm	505 x 285 x 100 mm
<b>FlexDoc Cristal Clear</b> BNEFDCC		Fixed (not via keyboard)	5	<ul style="list-style-type: none"> <li>Wide range of angle settings</li> <li>Anti-slip feet</li> <li>Narrower shelf</li> </ul>	Acrylic	80 mm	130 mm	0 cm	384 x 260 x 80 mm	<p>* The load capacity of all document holders is 5 kg.</p> <p>** Colours on request: Other colours besides the standard colour 'light grey' are available from a minimum order quantity of 100 pieces per product. Contact us to find out about the other colours other colours: <a href="mailto:info@bakkerelkhuizen.com">info@bakkerelkhuizen.com</a>.</p>									